

15<sup>th</sup> June 2004

## **Rosemary has changed my life !!**

**This statement is simple but true. There is simply no other way to describe the effect that Rosemary has had on me and my path.**

**When I first met Rosemary three years ago, I was at a very low point in my life. I had a severe recreational drug problem and suffered depression and anxiety.**

**Within one session, Rosemary identified these issues. She explained them and the effect that they have on my life, she also explained their origins. Most importantly she advised me on how to address each issue in isolation in order that I may be free of them.**

**Within a few months of applying Rosemary's approach, I stopped using drugs. Meeting Rosemary enabled me to do so and was the first step in taking back my power. I am proud to write that I have now been clean for 14 months. During this period I have also stopped smoking and I no longer drink any alcohol.**

**My experience with Rosemary has given me hope. Through her healing abilities I have found my inner strength. Through my experiences with her I know that I have the ability to change the things in my life that I want changed.**

**Rosemary's holistic approach has given me the strength to address these issues. I see her as often as I can and each time we meet, I progress further in my journey.**

**Bryan**